



ZERTIFIKAT

Certificate of completion

Ms Liane Winzenried

born on 12.11.1967

participated in the course

“Nutritional counselling”

accredited by the Staatliche Zentralstelle für Fernunterricht (State Central Agency for Distance Learning)

ZFU-Nr.: 7334518

from March 2021 to May 2022.

Ms Winzenried successfully completed the course as nutritionist with an
overall grade of 1.00 based on the examination results.

The course covers the following content:

- Basic principles of nutritional science
- Food science
- Anatomy and physiology (digestive tract)
- Nutrition and prevention (according to DGE rules of wholesome nutrition)
- Nutritional counselling for specific target groups (athletes, pregnant women, nursing mothers, infants, children, adolescents, older people)
- Healthy weight loss
- Nutritional communication
- Methodology and didactics of nutritional counselling

Fifteen study books including thirteen written assignments were accomplished and the two-day final seminar was successfully completed with a written examination.

Ms Winzenried received the following grades in detail:

Seminar on nutrition counselling including final examination	1.00
Nutrition counselling	1.10

Bremen, 30.04.2022


Michael Timm
Managing Director

